

Next Gen Senior Center
 184 S Lime Street
 Quarryville Pa. 17566
 Phone 786-4770
 www.solancoseniorcenter.org

February 2012

Vickie Henry, Director
 Trista Steinhauer Act. Director
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 Eschbach's Transportation: 284-4162

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Center Hours 8:30-1:30		1 9:30 Bible Study 10:00 Chorus Practice 11:00 Town Meeting 1:00 walking club	2 10:30 Zumba Gold 11:00 Clean joke Day 1:00 pm Washer toss 1:00 Walking Club Inside Current Events	3 9:15 YWCA Exercise 8:00 to 1:00 AARP Tax Preparation 10:30 Eldercare W/ Agapecare Library & Town Trip
6 9:30 Healthy Steps in Motion Exercise 10:30 Love Series-“ Love yourself” 11:00 BP Check 1:00 Grapefruit Nutrition	7 9:30 Healthy Steps in Motion 10:30 Nutrition w/ Donna from Penn State 1:00 BP Check 1:00 Bocce Ball	8 9:30 Bible Study 10:00 Chorus Practice 1:00 Walking club	9 9:30 Puzzles 10:30 Zumba Gold 10:00 Senior Buddies Trip to Ferguson & Hassler	10 9:15 YWCA Exercise 10:30 Food Bank Bingo Current Events 1:00 Wii Bowling 8:00 to 1:00 AARP Tax Preparation
13 9:30 Healthy Steps in Motion Exercise 10:30 Love Series-“Love your Pet” 1:00 Nutrition	14 9:30 Healthy Steps in Motion 10:30 Valentine’s Day Program 1:00 Walking club	15 9:30 AM Bible Study 10:00 Chorus Practice 1:00 Walking Club	16 9:30 Attitude of Gratitude 10:30 Zumba Gold 1:00 Trivia Puzzles 1:00 Bocce Ball	17 9:15 YWCA Exercise 10:30 Library/Town Trip 11:00 Wii 8:00 to 1:00 AARP Tax Preparation
20 CENTER CLOSED Presidents Day	21 9:30 Healthy Steps in Motion 10:30 Love Series- “Love your neighbor” 1:00 PM Nutrition	22 9:30 Bible Study 10:00 Chorus Practice 1:00 Walking club	23 9:30 Current Events 10:30 Zumba Gold 10:00 Senior Buddies 1:00 Wii Bowling 1:00 Walking Club Inside	24 9:15 YWCA Exercise 8:00 to 1:00 AARP Tax Preparation 10:30 Nutrition 11:00 Shuffle Board
27 9:30 Healthy Steps in Motion Exercise Love Series- “Love your Children” 1:00 Nutrition/Puzzles	28 9:30 Healthy Steps in Motion Movie Day w/ Popcorn 1:00 Walking Club	29 9:30 Bible Study 10:00 Chorus Practice 1:00 Walking club		FUN, FITNESS CLASS PUZZLES CARDS BOARD GAMES AND WII EACH DAY